

# PRESS RELEASE

FOR IMMEDIATE RELEASE

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## **TEMPORARY COOLING CENTERS OPEN IN COTTONWOOD AND SHASTA LAKE; MORE LOCATIONS AVAILABLE TOMORROW**

SHASTA COUNTY – In response to extreme heat and the possibility of power outages, Shasta County HHSa, in collaboration with community partners, is operating temporary Cooling Centers at:

Shasta Lake Visitor’s Center, Meeting Room  
1525 Median Ave., Shasta Lake  
Tues. 7/2/24 & Weds. 7/3/24  
4 – 8 p.m.

Cottonwood Community Center, North Hall  
20595 Gas Point Road, Cottonwood  
Tues. 7/2/24 & Weds. 7/3/24  
4 – 8 p.m.

### **County Cooling Center services available:**

- Water

Cooling Centers are open to everyone in the community. For updates and a list of air-conditioned spaces, call the Extreme Temperature Information Line at (530) 229-8882 or visit [ShastaHeatSafety.org](https://ShastaHeatSafety.org).

### **What are County Cooling Centers?**

Cooling Centers are opened at existing facilities (libraries, churches, senior centers, etc.). They are located strategically throughout the county and are open for a limited time to provide relief in extreme heat conditions. Centers are staffed by HHSa employees.

## Are there other places to go to cool off?

To view a list of public air-conditioned spaces available during regular business hours, visit [ShastaHeatSafety.org](https://www.shastaheat.org) and see Supporting Documents. Please note, all public air-conditioned spaces will be closed for the 4<sup>th</sup> of July holiday. The Cottonwood Library will be closed July 3-5. Temporary Cooling Centers will be open.

PG&E is opening Community Resource Centers for people living in areas affected by Public Safety Power Shutoffs. [Check the PG&E Outage Center website for more information.](#)

## Does the 4<sup>th</sup> of July holiday affect any public air-conditioned spaces or temporary Cooling Center locations?

- **Temporary Cooling Centers:** Open on July 4<sup>th</sup>. Check [ShastaHeatSafety.org](https://www.shastaheat.org) for updates or call the Extreme Temperatures Information Line at (530) 229-8882.
- **All public air-conditioned spaces:** Closed for the 4<sup>th</sup> of July holiday, with the exception of the Good News Rescue Mission. The Cottonwood Library will be closed July 3-5.
- **RABA** bus service will not be available on the 4<sup>th</sup> of July. [Contact RABA for more information.](#)

## Who is most at risk for heat-related illness?

Just a few hours in air-conditioning can significantly reduce a person's risk of heat-related illness. People at greater risk are:

- [Older Adults](#)
- [Young children and babies](#)
- Sick or living with a [chronic health condition](#)
- Living in a home or shelter without air conditioning
- [Working](#) or [exercising](#) outdoors
- [Living on a fixed or low income](#) (some may not turn on air conditioning due to cost)
- Experiencing homelessness

## How can people stay safe in extreme heat?

- Stay hydrated.
- Dress in light-colored, loose-fitting, breathable clothing.

- Stay indoors in air-conditioned spaces, especially in the heat of the day and evening.
- Move outdoor activities indoors or to the cooler parts of the day.
- Take cool baths or showers.
- [Know the signs of heat exhaustion and heat stroke.](#)
- Call 911 if you suspect heat stroke.
- Never leave people or pets in closed cars on warm days.
- Ensure pets have plenty of water and shade all day as the sun moves; bring them into air-conditioned spaces, if possible.

For Cooling Center updates and a list of air-conditioned spaces available during regular business hours, call the Extreme Temperature Information Line at (530) 229-8882 or visit [ShastaHeatSafety.org](http://ShastaHeatSafety.org).

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