



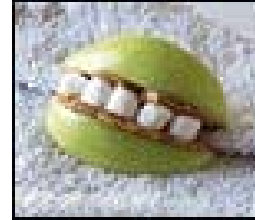
Fun Classroom Party Ideas



Nutritious Snack Activities

Apple Smiles

- 4 or 5 medium red or green apples, cut into wedges
- Peanut butter
- Kix or Puffed Rice cereal



Spread peanut butter onto one side of each apple wedge. Using cereal pieces, position the “teeth” in place onto one of the apple wedges. Top with other apple wedge so that the peanut butter acts as a cement for the cereal dentures.

http://www.familycorner.com/family/kids/recipes/awesome_apple_munchies.shtml
 Tip: Quickly dip apple slices in lemon juice to prevent browning.

Spider Crackers

- Reduced fat Triscuits (2 per student)
- Peanut butter or low-fat cream cheese
- Raisins (2 per student)
- Small pretzel sticks (8 per student)



Spread peanut butter or cream cheese onto a Triscuit. Place two raisins into the spread to make spider’s “eyes.” Put four pretzel sticks into the spread on each side of the spider to make “legs.” Enjoy!

Pumpkin Faces

- Sliced whole wheat bread
- Shredded carrots (food processor makes this easy!)
- Softened low-fat cream cheese
- Raisins
- Pumpkin shaped cookie cutters



Use cookie cutter to make a piece of “pumpkin bread.” Spread one side of bread with cream cheese. Cover cream cheese with carrot shavings and pat down. Use raisins to make your pumpkin face. Eat!

Modified from: Marcey Walsh, walshma1@metronet.lib.mi.us "
Highly Contagious Assemblies" hiconed@usa.net



**Shasta County
Public Health**

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Fun Classroom Party Ideas

Festive Physical Activities



Pumpkin Toss Activity



Similar to egg tossing.
 Use a small pumpkin or gourd, with no stem, one for each set of players.
 With students standing in a group, have them to find a partner by standing “back to back” with someone near them (3 in a group for odd # of players).
 Within each group, toss the pumpkin back and forth to each player, in a safe underhand manner.

Challenge the students:

- How many consecutive catches can they make ?
- How many catches can they make in 10 (or 15 or 20) seconds ?
- How quickly can they make a given number of catches ?

Pumpkin Step Back:

Have children begin close together. Each may step back when *both* have made a successful catch. If one misses, stay in place.

Non- Elimination Simon Says: Autumn Edition

The entire class participates in 2-4 games at the same time. Each game has a leader that initiates movements by stating “Simon Says...” If the leader does not say “Simon Says” and a student moves, that student must go to another group.

Examples:



- Stand like a scarecrow
- Walk like a zombie
- Move like a cat
- Fly like a bat
- Rake leaves
- Take a walk
- Jump like a spider
- Climb a tree
- Pick up pumpkins
- Jump in leaves



Both games adapted from SPARK PE