

## PATIENTS' RIGHTS ADVOCATES

Are you, or someone you know, receiving mental health treatment in a facility? Have you or a loved one been placed on a mental health hold?

You may have questions or concerns about your rights. If so, an advocate can help. Please call the Shasta County Patients' Rights Office.

All calls are confidential. Interpreter services available.

530-225-5506



Advocates do not decide what is in your best interest. An advocate will discuss your options with you so that you can make an informed choice.

## **GIVING RIGHTS A VOICE**

Patients' Rights Advocates promote the rights of mental health consumers in health facilities. Advocates represent your interests, as stated by you — as long as your interests follow the law and are within the advocate's resources.

## WHAT DO PATIENTS' RIGHTS ADVOCATES DO?

- Monitor mental health programs and facilities for compliance with patients' rights laws.
- Train mental health staff about patients' rights.
- Directly assist people who receive mental health treatment in facilities:
  - -Represent at Certification Review Hearings
  - -Investigate Grievances
  - -Notify of Rights
  - -Give Information

If you have questions about your rights or want to make a complaint about a possible violation of rights, please call a Patients' Rights Advocate. Advocates provide information and education. They do not give legal advice.

530-225-5506

Scan QR Code to view services.



Learn more: shastacounty.gov/health-human-services /page/patients'-rights-advocates