

## GENERAL ASSISTANCE EXTRAS

Eligible adults are supported in their efforts toward self-sufficiency, through referrals and information to:

- CalFresh Employment and Training Program
- Vocation Testing
- Work Experience
- Drug and Alcohol Programs
- Job Centers
- Shasta 211
- Mental Health
- Community Health Advocates
- And more...

## WHERE TO APPLY

Any Shasta County Health and Human Services Agency office

- Downtown Redding  
1400 California St.
- South Redding  
2460 Breslauer Way
- Enterprise  
2757 Churn Creek Road
- Anderson  
2889 East Center St.
- Shasta Lake  
4216 Shasta Dam Blvd.
- Burney  
36911 Main St. (Hwy. 299E)

For more information regarding the General Assistance Program, please call: 530-229-8150

# GENERAL ASSISTANCE PROGRAM



What is the General Assistance Program?

Who is eligible?

How to apply?

# ABOUT

## WHAT IS GENERAL ASSISTANCE?

General Assistance (GA) is a county funded, eligibility-based loan program that provides cash benefits to those who are not supported by their own means, friends, relatives, by other public funds or by other assistance programs.

## WHO CAN APPLY?

Any resident of Shasta County who has been here for 15 days and intends to stay in the county.

## HOW DO I APPLY?

Visit any Shasta County HHSA office and fill out a General Assistance Application. Take it to the reception window and an interview appointment will be scheduled for you to meet with an Eligibility Worker (EW).

## WHAT IS NEXT?

You will have an appointment with your EW. The worker will review your eligibility and answer all of your questions. You'll also be given a list of required verification documents. Then, you can turn in your documents to any HHSA office.

## WHAT WILL I NEED TO PROVIDE?

You may need to provide, but are not limited to, the following: driver's license/identification card, social security number, alien status (if you are not a current citizen), household/living arrangement, income, bank statements, vehicle registrations, property and medical verification of disability.

## HOW MUCH PROPERTY CAN I HAVE?

You can have, but are not limited to, the following; the home you live in, one licensed and registered automobile or motorcycle, additional vehicles/boats/RV/computers not having combined worth of more than \$300, work supplies, tools, equipment, clothing, personal jewelry, bank account or cash under \$100 and funeral/burial trusts not exceeding \$1000.

## WHAT IS THE MAXIMUM BENEFIT?

If you are single and 100% eligible, the maximum benefit is \$548. Allowable income will reduce the amount of General Assistance awarded.

## AM I ELIGIBLE FOR GENERAL ASSISTANCE IF I RECEIVE CALFRESH?

Receiving CalFresh neither entitles you to General Assistance nor excludes you from receiving General Assistance.

## HOW DO I ACCESS MY GENERAL ASSISTANCE BENEFITS?

You will receive your cash benefits on an EBT (electronic benefits transfer) card. You may use this card at any participating retail store, bank or ATM.

## WHAT IF I AM DISABLED?

General Assistance has the Incapacitated Component for those who are disabled and are applying for Supplemental Security Income (SSI) or waiting for an SSI determination. General Assistance has disability advocates, and you can make an appointment to discuss the SSI process.

## WHAT IF I WANT TO FIND A JOB?

General Assistance has a 3-month Employable Component. Through the CalFresh Employment Training Program (CFET), you will receive a one-on-one assessment to determine any barriers and skills and/or training needed. You will attend workshops to learn interviewing skills, how to create resumes and how to apply for jobs to get the career you want.

## WHO DO I CALL IF I HAVE QUESTIONS?

Call the General Assistance Unit at (530) 229-8150.



Shasta County  
**Health & Human  
Services Agency**

Working together to provide options and opportunities to individuals and families in need.

[shastacounty.gov/health-human-services/page/general-assistance](https://shastacounty.gov/health-human-services/page/general-assistance)