

REDDING AREA RECOVERY MEETINGS | JUNE 2024

AA Alcoholics Anonymous

Sunday 8:00 am | 11th Step Meditation Meeting | Presbyterian Church | 2315 Placer St., Redding

Sunday 10:00 am | Sunday Morning Gratitude Speaker Meeting | Alano Club
1050 State St., Redding

Sunday 6:00 pm | Floating Group | Alano Club | 1050 State St., Redding

Sunday 6:00 pm | Three Legacies | Community Center | 20595 Gas Point Rd., Cottonwood

Sunday 7:30 pm | Sunday Evening Candlelight Group | Alano Club | 1050 State St., Redding

Monday 7:00 am | First Things First | Alano Club | 1050 State St., Redding

Monday 12:00 pm | Monday Noon Big Book Study | Alano Club | 1050 State St., Redding

Monday 12:00 pm | By the Book | Women's Meeting | Alano Club | 1050 State St., Redding

Monday 12:30 pm | LZ Hope Meeting | VA Outpatient Clinic | 3455 Knighton Rd., Redding

Monday 5:30 pm | Women's Freedom Bound | Women's Meeting | Alano Club | 1050 State St., Redding

Monday 5:30 pm | Stepping Out Sisters-12x12 Study | Women's Meeting | All Saints Church
2150 Benton Dr., Redding

Monday 5:30 pm | The Steps We Took | Men's Meeting | All Saints Church | 2150 Benton Dr., Redding

Monday 6:00 pm | Monday Night Live (Chips) | Alano Club | 1050 State St., Redding

Monday 6:00 pm | Women's No Matter What Group | Women's Meeting | Community Center
20595 Gas Point Rd., Cottonwood

Monday 8:00 pm | Beacon on Benton Group | All Saints Church | 2150 Benton Dr., Redding

Monday 8:00 pm | The Rule 62 Group | First Methodist Church | 1825 East St., Redding

Tuesday 7:00 am | Solutions Group | Alano Club | 1050 State St., Redding

Tuesday 7:00 am | Soup Bone Group | First Methodist Church | 1825 East St., Redding

Tuesday 12:00 pm | Tuesday Connection | Alano Club | 1050 State St., Redding

Tuesday 5:30 pm | Free at Last | Center for Spiritual Living | 1905 Hartnell Ave., Redding

Tuesday 5:30 pm | WestSiders | First Christian Church | 3590 Placer St., Redding

Tuesday 5:30 pm | AA Literature & Discussion Meeting | St. James Lutheran Church
2500 Shasta View Dr., Redding

Tuesday 6:00 pm | New Start | Alano Club | 1050 State St., Redding

Tuesday 6:00 pm | Redding Young People | First Methodist Church | 1825 East St., Rm. 12, Redding

Tuesday 7:00 pm | Palo Cedro Group | Palo Cedro Community Church | 9387 Deschutes Rd., Palo Cedro

Tuesday 7:00 pm | Grupo Nuevo Amanecer | En Español | 2337 Balls Ferry Rd., Anderson

Tuesday 7:30 pm | Tuesday Evening Men's Stag | Men's Meeting | Alano Club | 1050 State St., Redding

Tuesday 7:30 pm | Tuesday Night Live | Alano Club | 1050 State St., Redding

Wednesday 7:00 am | Early Bird Group | Alano Club | 1050 State St., Redding

Wednesday 12:00 pm | Getting Well | Alano Club | 1050 State St., Redding

Wednesday 12:00 pm | Sisters by Choice Group | Women's Meeting | Alano Club | 1050 State St., Redding

Wednesday 12:00 pm | High Noon Gang | Valley Christian Center | 2831 Freeman St., Anderson

Wednesday 5:30 pm | North Valley Trudger's Book Study | All Saints Church | 2150 Benton Dr., Redding

Wednesday 5:30 pm | Shasta Newcomers | All Saints Church | 2150 Benton Dr., Redding

Wednesday 6:00 pm | Soundness of Mind | Alano Club | 1050 State St., Redding

Wednesday 7:00 pm | One Day at a Time | Happy Valley Community Center
5400 Happy Valley Rd., Happy Valley

Wednesday 8:00 pm | Wednesday Night Live | First Methodist Church | 1825 East St., Redding

Thursday 7:00 am | Any Lengths Group | Alano Club | 1050 State St., Redding

Thursday 7:00 am | Soup Bone Group | First Methodist Church | 1825 East St., Redding

Thursday 12:00 pm | We Care Group/As Bill Sees It | Alano Club | 1050 State St., Redding

Thursday 5:30 pm | Carry this Message | Women's Meeting | All Saints Church
2150 Benton Dr., Redding

Thursday 5:30 pm | AA Women in the Park | Women's Meeting | Enterprise Park
4000 Victor Ave., Redding (Kid's Kingdom Parking Lot)

Thursday 5:30 pm | Free at Last II | St. James Lutheran Church | 2500 Shasta View Dr., Redding

Thursday 6:00 pm | Promises | Alano Club | 1050 State St., Redding

Thursday 6:00 pm | No Name Group | Men's Meeting | First Methodist Church | 1825 East St., Redding

Thursday 6:00 pm | Any Lengths Group | Valley Christian Center | 2831 Freeman St., Anderson

Thursday 7:00 pm | Grupo Nuevo Amanecer | En Español | 2337 Balls Ferry Rd., Anderson

Thursday 7:30 pm | Lakeside Campfire Group | About Time Recovery | 12194 Lake Blvd., Redding

Friday 7:00 am | Cable Car Group | Alano Club | 1050 State St., Redding

Friday 12:00 pm | Get a Grip | Alano Club | 1050 State St., Redding

Friday 12:00 pm | Step Sisters Group | Women's Meeting | Alano Club | 1050 State St., Redding

Friday 12:30 pm | LZ Hope Meeting | VA Outpatient Clinic | 3455 Knighton Rd., Redding

Friday 5:30 pm | We Agnostics (Secular Meeting) | First Methodist Church | 1825 East St., Redding

Friday 6:00 pm | Happy Hour Group | Alano Club | 1050 State St., Redding

Friday 6:00 pm | DRC Group | Shasta Day Reporting Center | 1415 Court St., Redding

Friday 6:00 pm | Redding Beginners Group | All Saints Church | 2150 Benton Dr., Redding

Friday 6:30 pm | It's All Good | All Saints Church | 2150 Benton Dr., Redding

Friday 7:00 pm | Westside Group | St. Joseph's Catholic Church | 2040 Walnut Ave., Redding

Friday 8:00 pm | Friday Young People | First Methodist Church | 1825 East St., Redding

continued

REDDING AREA RECOVERY MEETINGS | JUNE 2024 (Continued)

AA Alcoholics Anonymous, continued

Saturday 8:00 am | Band of Brothers | Men's Meeting | 16538 Lower Springs Rd., Redding
Saturday 8:00 am | Sober Group | Alano Club | 1050 State St., Redding
Saturday 8:30 am | Saturday Morning Anderson | Anderson Grange | 8085 Airport Rd., Anderson
Saturday 1:00 pm | Afternoon Topics Group | Alano Club | 1050 State St., Redding
Saturday 6:00 pm | It Works | Alano Club | 1050 State St., Redding
Saturday 6:00 pm | Hot Topics | First Methodist Church | 1825 East St., Redding
Saturday 7:00 pm | Grupo Nuevo Amanecer | En Español | 2337 Balls Ferry Rd., Anderson
Saturday 7:00 pm | Intergroup Speaker Meeting (Meetings are held 1st Saturday of each month)
All Saints Church | 2150 Benton Dr., Redding
Saturday 8:00 pm | REDYPAA Speaker Meeting & Event (Meetings are held 3rd Saturday
of each month) | Alano Club | 1050 State St., Redding
Saturday 10:00 pm | Nite Owls Meeting | First Methodist Church | 1825 East St., Redding

NA Narcotics Anonymous

Sunday 7:15 pm | Each One Teach One | Alano Club | 1050 State St., Redding
Monday 12:00 pm | It's a Way of Life Group | Hill Country Care Center | 1401 Gold St., Redding
Monday 7:00 pm | The Primary Purpose | Sunrise Mountain Wellness Center | 1300 Hilltop Dr.,
Suite 200, Redding (behind Bank of America)
Monday 7:00 pm | Rivers Cities Area-Serenity at Seven | Anderson Church of Christ
3434 North St., Anderson
Tuesday 12:00 pm | It's a Way of Life Group | Hill Country Care Center | 1401 Gold St., Redding
Tuesday 6:00 pm | Men's Stag Group | Men's Meeting | VOTC | 3617 Ricardo Way, Rm 1, Redding
Tuesday 6:00 pm | Bank on Your Recovery | Sunrise Mountain Wellness Center | 1300 Hilltop Dr.,
Suite 200, Redding (behind Bank of America)
Wednesday 12:00 pm | Noon Group | All Saints Church | 2150 Benton Dr., Redding
Wednesday 6:00 pm | From the Streets to the Seats | Alano Club | 1050 State St., Redding
Thursday 12:00 pm | It's a Way of Life Group | Hill Country Care Center | 1401 Gold St., Redding
Thursday 6:00 pm | Women's Connection Group | Women's Meeting | All Saints Church
2150 Benton Dr., Redding (Toddler Room)
Thursday 7:30 pm | More Will Be Revealed Group | All Saints Church | 2150 Benton Dr., Redding
Friday 12:00 pm | It's a Way of Life Group | Hill Country Care Center | 1401 Gold St., Redding
Friday 7:00 pm | Walk the Talk Group | All Saints Church | 2150 Benton Dr., Redding
Saturday 10:00 am | Wake Up to Recovery Group | Alano Club | 1050 State St., Redding
Saturday 7:30 pm | Saturday Nite Live Group | Alano Club | 1050 State St., Redding

Young People in Recovery

Tuesday 1:00 pm | Sunrise Mountain Wellness Center | 1300 Hilltop Dr., Suite 200, Redding
(behind Bank of America)
Wednesday 6:00 pm | No Boundaries | 1055 Market St., Redding

Celebrate Recovery | Christian-Based Recovery

Monday 5:30 pm | Connection Church | 5221 Cedars Rd., Redding
Tuesday 6:00 pm | Pathway Church | 777 Loma Vista Dr., Redding
Saturday 6:00 pm | Anderson Community Church | 2364 Balls Ferry Rd., Anderson

Refuge Recovery | Buddhist Principles for Any Addiction

Sunday 6:00 pm | Center for Spiritual Living | 1905 Hartnell Ave., Redding

Red Road to Wellbriety | 12-step group lead in the Native American way

Tuesday 4:45 pm | Redding Rancheria Tribal Health Center | 1441 Liberty St., Redding
3rd Floor, Lassen Rm. | All are welcome.
Friday 3:00 pm | Redding Rancheria Tribal Health Center | 1441 Liberty St., Redding
3rd Floor, Lassen Rm. | All are welcome.

Al-Anon/AA Meeting

Sunday 6:00 pm | Double Winners Meeting | Unity Church | 2871 Churn Creek Rd., Redding

Al-Anon

Monday 7:00 pm | Alateen Meeting | All Saints Church | 2150 Benton Dr., Redding
Tuesday 12:00 pm | Tuesday Noon Shasta Butterflies | First Methodist Church | 1825 East St.,
Rm. 12, Redding
Wednesday 6:30 pm | Wednesday Women's AFG | Women's Meeting | First Methodist Church
1825 East St., Rm. 10 & 11, Redding
Thursday 11:30 am | Tuesday AFG Focus | First Methodist Church | 1825 East St., Rm. 12, Redding
Thursday 6:00 pm | Discovering Our Path AFG | Knights of Columbus Hall
3141 St. Stephens Dr., Anderson

Zoom Meetings

24/7 AA Meetings | aahomegroup.org
Shasta County AA Zoom Meetings | aanorcal.org/meetings
Shasta County NA Zoom Meetings | shastana.org/meeting-schedule
NorCal Al-Anon Zoom Meetings | norcal-al-anon.blogspot.com
Dual Diagnosis Meetings | ddainc.org/online-dda-meetings
Refuge Recovery Meetings | refugerecoverymeetings.org/meetings