



**Psychiatric
Advance Directive™**
My Plan • My Voice

Multi-County Digital PADs Project

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Presented by

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What is a Psychiatric Advance Directive

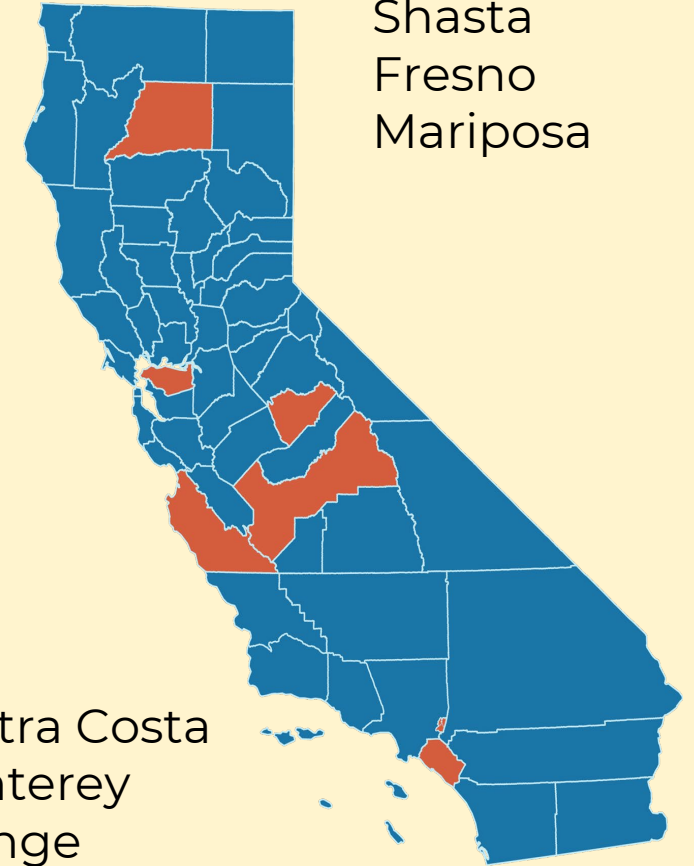
- A self-directed legal document that details a person's specific instructions or preferences regarding future mental health treatment
- Plans for the possibility that someone may lose the capacity to give or withhold informed consent to treatment during acute episodes of psychiatric illness
- Allows a person in a mental health crisis to retain their decision-making capacity by choosing trusted agents to help advocate for their choices
- Since the 1990s, 27 states have enacted laws supporting PADs

Innovations Current State

Funded by the Mental Health Services Act Phase One of the project, FY 2021-2025, has the following goals:

- Partnership with Peers and first responders to standardize PAD **template** language for incorporation into an online and interactive app.
- Utilize Peer Specialists to support **Peers** in creating their PADs; lived experience and understanding can lead to open dialogue and trust.
- Create PADs facilitator **training** curriculum and present a train-the-trainer model for facilitation.
- Create sustainable **technology** that is an easily reproducible approach that can be used across California.
- **Legislative** and policy advocacy to create a legal structure to recognize PADs.
- **Outcomes** driven; Evaluate development and adoption of PADs, including ease of use and understanding of PADs.

Trailblazing Counties




Shasta
Fresno
Mariposa

Contra Costa
Monterey
Orange
Tri-City MHA

Hello! 🖐️
I'm Richard.

He/Him



"I love dogs, the Dodgers, and 70s rock n roll. I have a wife and 4 daughters."

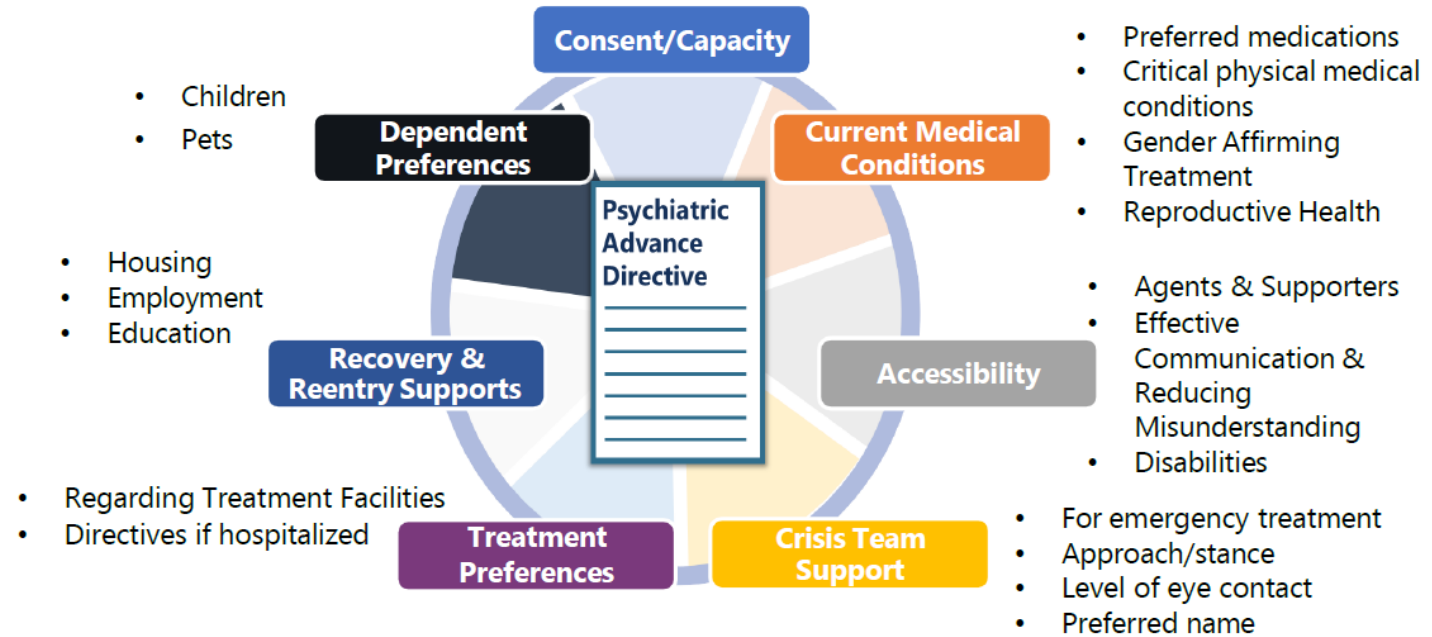
🕒 PAD last updated 3 days ago



Psychiatric Advance Directive

My Plan • My Voice

Identified PAD Digital Categories





My Psychiatric Advance Directive

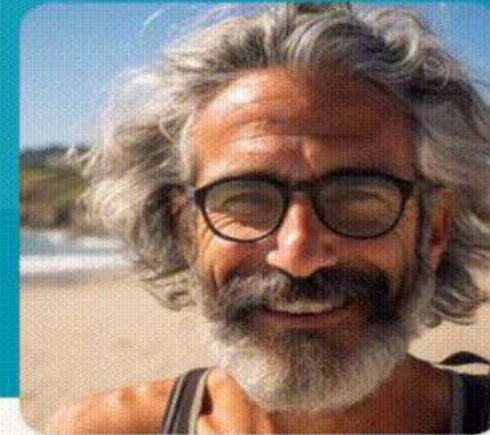
Last Updated 3 Days Ago

Edit

Preview

Hello! 🙋 My name is Richard. He/Him

"I love dogs, the Dodgers, and 70s rock n roll. I have a wife and 4 daughters."



Contents

Part 1: My Crisis Directives

About Me

Essential Crisis Details

How to Communicate With Me

My Support System

My Treatment Details

My Dependents and Pets



Part 1

My Crisis Directives

Preferences for immediate support



Current Statute

- AB 1029- ratified 2023
 - Adds mental health language to an Advance Health Care Directive
 - Confirms that a voluntary standalone Psychiatric Advance Directive may still be executed.
 - Documenting preferences for treatment in advance of a mental health crisis.
- AB 2352 (Irwin)- pending- PADs Project
 - Allows a standalone PAD to be in a digital format
 - Allows a standalone PAD to be used in the event of a crisis
 - Creates a Healthcare Advocate in addition to a POA

Phase Two

What's next? 2024-2028

- Technology that is guided, humanizing, recovery-based, and transformative.
- Training that goes beyond a one-and-done but “boots” on-the-ground engagement, information, public-service announcements, social media, and hands-on approach in a longitudinal effort for consistency.
- Legislative efforts that uplift the use, access, and importance of Directives.
- Testing the digital PAD in use and access.
- Evaluation and publication
- Statewide adoption

PADs a Perfect Fit

Most importantly, digital PADs are a perfect fit across the continuum of care:

- Justice-involved, including 90-day reach-in with scheduled to release incarcerated,
- Assisted Outpatient Treatment (AOT),
- Fully Service Partnership (FSP),
- Housing insecure,
- Individuals who visit Wellness Centers,
- Crisis Residential Programs,
- Follow-up after hospitalization (either in-patient or emergency department),
- Non-minor dependents, college students or transitional-aged youth (TAY), including college students and early psychosis intervention, and
- CARE Courts.

Benefits within a County

Across the systems of care

- **An individualized document that can:**
 - Give in-the-moment information to prevent unnecessary incarcerations and hospitalizations and prevent potential tragedies.
 - Can be used within a jail or emergency room setting. Gives important individualized information.
 - Allows for Peer Medi-Cal billing under SB 803.
 - Reduce the recidivism of incarcerations and hospitalizations
 - Recovery focused
 - Cost effective

Peer Focused Project

Helping to fill the gap in our community with Peer Support Services



Richard working with his Peer Support Specialist to complete his PAD

Peer Support Quotes:

“

At times, the digital space feels cold and distant, yet this project resonates differently with me. It's rooted in compassion, and it has the power to transform what was once a scary place into a comforting and familiar space.

– Jackie S., Certified Peer Support Specialist

”

“

A PAD will support me when I am unable to support myself!

– John B., Certified Peer Support Specialist

”

“

Having a PAD is an essential component in our own recovery. Having your choices be heard gives a sense of empowerment.

– Maria G., Certified Peer Support Specialist

”

“

Having an electronic version of PADs is going to be completely game-changing. Almost no one I've worked with who receives mental health services is even aware of PADs. This is going to bring so much awareness!

– Tiffany E., Certified Peer Support Specialist

”

Shasta Peer Support Specialist

What does PADs Mean to Me?

My Voice, My Plan. This Instrument
Will Advocate for me if and when I
am unable to Advocate for myself! ✓

I would like a way to communicate
my needs while in crisis because I'm non-verbal
when stressed.

The ability to be thoughtful about
preferences when not under pressure/stress ✓

People care about your choice
A start in the right direction

~~How~~ How would clients benefit
from PADs?

It would Empower them.

To have an opportunity to share their voice

Getting help would be easier/less

Stressful

Not everyone is verbal in severe stress

Represent Needs and Personal
Wishes when in Crisis! ✓

Help Peers focus on what their needs
really are & help them prepare.

How can PADs help Peer Support
Specialists be successful in their
roles?

We will better understand clients
Needs

Support conversations around goals + wellness

Encouraging Peers to Advocate
for themselves and Needs.

encompasses a wellness plan

What Services will be improved
with implementation of PADs?

Crisis Services - ER! ✓
Law Enforcement Interactions ✓

Emergency Response Teams. ✓
Personalized approaches to care offered ✓

All Services Responding to
Individuals in Crisis!

Hopefully a better overall understanding
that people in mental health crises are
people too!

Target Population

-Wellness Centers-

**Hill Country-Circle of Friends
Burney, CA**



**Kings View-Sunrise Mountain
Wellness Center
Redding, CA**

Thank You

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